The spiritual, emotional and physical wellbeing of all members of our school community is pivotal to their success in life. Physically, emotionally and spiritually healthy individuals are happy, resilient and well placed to enjoy a well-balanced life.
Student Wellbeing at St Thomas is all about total care for the child at the social and emotional level. It is about providing a school environment where there is a sense of belonging, acceptance, respect, growth and support for each individual student.

ENRICHMENT AND CARE

Student Wellbeing is carried out through:

- The appointment of a highly skilled Student Wellbeing Officer
- A whole school program: “You Can Do It” which builds resilience in our children
- An effective Pastoral Care Policy that permeates what we teach throughout the school. This is built around strong Catholic traditions, ideals, values and attitudes
- A well balanced overall curriculum that looks at the child holistically
- A comprehensive Religious Education Program that includes rich experiences in scripture focusing on peace from within
- A Peer Mediation Program to support children in the yard
- A Centacare Counsellor working one day a week with students
- A Student Welfare Support Group meeting weekly to look at issues affecting children’s wellbeing
- Self Esteem Programs with children in classes
- Grief Programs for students and parents
- A comprehensive parent library supporting learning in the area of wellbeing
- A Student Leadership Program for students in years 4-6
At St Thomas we value the importance of a child’s emotional development as a critical catalyst in overall learning. With this in mind we have an affirming behavioural award system giving children the opportunity to succeed through:

**Weekly Principals Awards**

**Gold Awards**

**School Pins**

**Birthday Acknowledgements**

All acknowledged through the weekly school newsletter

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**St Thomas the Apostle Primary School**

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